ROCK J. SAINT LOUIS

DNP, AAPRN, FNP-BC, FNP-C | Family & Internal Medicine

Rock J. Saint Louis is a doctorally prepared autonomous advanced practice registered nurse, family nurse practitioner, and healthcare leader with more than 10 years of progressive clinical experience. His work spans internal medicine, cardiology, urgent care, correctional medicine, complex wound care, weight management, and critical care. He brings independent clinical judgment to the assessment and management of acute and chronic conditions while emphasizing clear communication and coordinated, patient-centered care.

As President, Director, and Chief Clinical Officer of ROCAB HEALTH, Inc., Saint Louis helps guide clinical governance, quality improvement, practice development, and organizational growth. He is also Founder and Chief Executive Officer of Rock Total Health, LLC. These leadership roles reflect his commitment to building accessible healthcare services and translating clinical standards into effective operations.

Saint Louis currently practices in cardiovascular care with Amivita CardioElite and in internal medicine with Vitae Health System. He has also provided care in correctional and urgent care settings and previously delivered specialty wound management, including debridement and healing plans for patients with complex needs. His foundation as a registered nurse in intensive care, progressive care, and telemetry informs his approach to high-acuity decisions and transitions of care.

He earned his Doctor of Nursing Practice from Chamberlain University in 2024 and his Master of Science in Nursing as a Family Nurse Practitioner from South University in 2020, graduating with honors from both programs. He completed his Bachelor of Science in Nursing cum laude at Chamberlain College of Nursing in 2014. His professional recognition includes the Nurse of the Unit Award at JFK Medical Center in 2018 and membership in Sigma Theta Tau International.

Board-certified through both ANCC and AANP, Saint Louis combines advanced clinical training, entrepreneurial leadership, and a sustained record of academic achievement in service of stronger care delivery and healthier communities.